

2022: the year of new rhythms

dear friends & family,

as 2022 comes to a close, we continue our tradition of reflecting together on the year that's passed and setting goals for the one ahead. we're grateful to have family and friends like you who make our lives rich and meaningful. here's a bit about our year in a nutshell. we'd love to hear more about your memorable moments too.

happy new year!

♥ mansi + sush + niam

—

*we started life as a family of three
experiencing the world with baby ni
rediscovering the joy of play
and ourselves along the way.*

// we moved from scarsdale to brooklyn to manhattan. come visit our new spot!
// we discovered bits and pieces of niam's personality, like his sense of observation, vivid expressions, and [love for music!](#)
// mansi published a "[tiny love story](#)" to capture her evolving relationship with niam.
// we celebrated one year of birth and breastfeeding at our "[fall fest](#)" event.
// we're continuing to [explore our approach to parenting](#) and what it means for our relationship with each other.

*back in action from parental leave
we both launched new technologies
we also learned that "[brick](#)" = "[frigid](#)"
while coaching some gen z college kids.*

// after parental leave, sush took on a new role launching blockchain products for onyx and [had some interesting encounters!](#)
// during her own postpartum, mansi continued to build digital health products for women at maven clinic.
// this fall, she decided to take a sabbatical, during which she launched [the college essay course](#) online and the first version of [letter loot](#) with her brother, neil.
// we helped minds matter kickstart its [college coaching program](#) supporting low-income high-achieving students through their transition to college.

*we had a blast as the year unfurled
meeting family and friends across the world
we also found plenty to uncover here at home*

even hulu & netflix made it to our poem.

// niam went on a [global tour to meet his superfans](#) (aka family, friends, and two great grandmothers) in california, london, and india.

// we celebrated our 5-year wedding anniversary and 10-year college reunions.

// we had new cultural experiences in nyc, like the [whitney biennial](#), [shakespeare in the park](#), and the [noguchi museum](#) (a hidden gem in astoria!)

// we continued bonding over our love for quality reality tv like the kardashians and meghan & harry. we hope this trait doesn't get passed down. 😊

we'll look back fondly at 2022

but before moving on we want to thank you

for holding a special place in our lives

we'll see you next year with full hearts, clear eyes.

a few of our favorites from this year:

// documentary: [stutz](#) on netflix

// movie: [everything everywhere all at once](#)

// tv show: [only murders in the building](#) on hulu

// article: [the course](#) by dave kashen

// fiction: [project hail mary](#) by andy weir

// non-fiction: [the order of time](#) by carlo roveli

// restaurant: [shukette](#) (nyc), [pidgin](#) (london), [ekaa](#) (mumbai)

// technology: [chatgpt](#) by openai

